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Cholesterol and lipid microdomains stabilize the postsynapse at the neuromuscular junction.

Willmann, R ; Pun, S ; Stallmach, L ; Sadasivam, G ; Santos, A F ; Caroni, P ; Fuhrer, Christian

Abstract: Stabilization and maturation of synapses are important for development and function of the nervous system. Previous studies have implicated cholesterol-rich lipid microdomains in synapse stabilization, but the underlying mechanisms remain unclear. We found that cholesterol stabilizes clusters of synaptic acetylcholine receptors (AChRs) in denervated muscle in vivo and in nerve-muscle explants. In paralyzed muscles, cholesterol triggered maturation of nerve sprout-induced AChR clusters into pretzel shape. Cholesterol treatment also rescued a specific defect in AChR cluster stability in cultured *src(-/-);fyn(-/-)* myotubes. Postsynaptic proteins including AChRs, rapsyn, MuSK and Src-family kinases were strongly enriched in lipid microdomains prepared from wild-type myotubes. Microdomain disruption by cholesterol-sequestering methyl-beta-cyclodextrin disassembled AChR clusters and decreased AChR-rapsyn interaction and AChR phosphorylation. Amounts of microdomains and enrichment of postsynaptic proteins into microdomains were decreased in *src(-/-);fyn(-/-)* myotubes but rescued by cholesterol treatment. These data provide evidence that cholesterol-rich lipid microdomains and SFKs act in a dual mechanism in stabilizing the postsynapse: SFKs enhance microdomain-association of postsynaptic components, whereas microdomains provide the environment for SFKs to maintain interactions and phosphorylation of these components.

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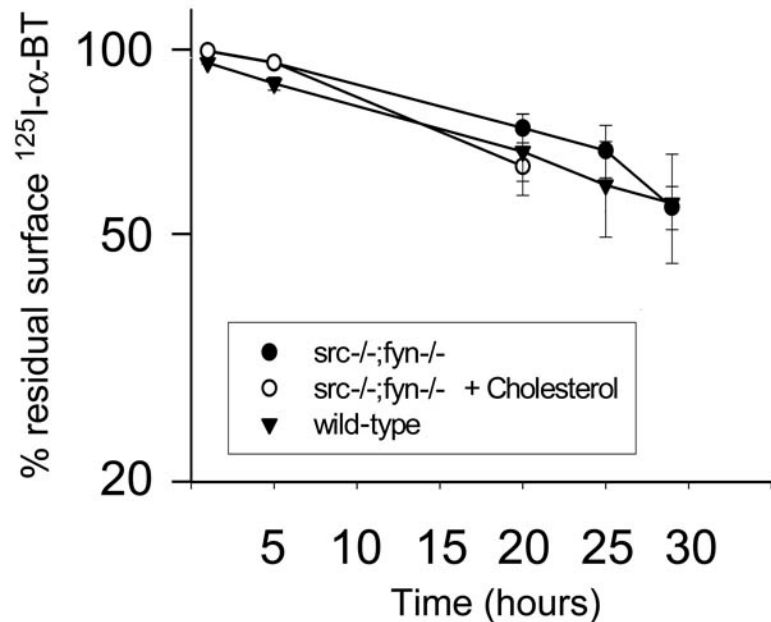
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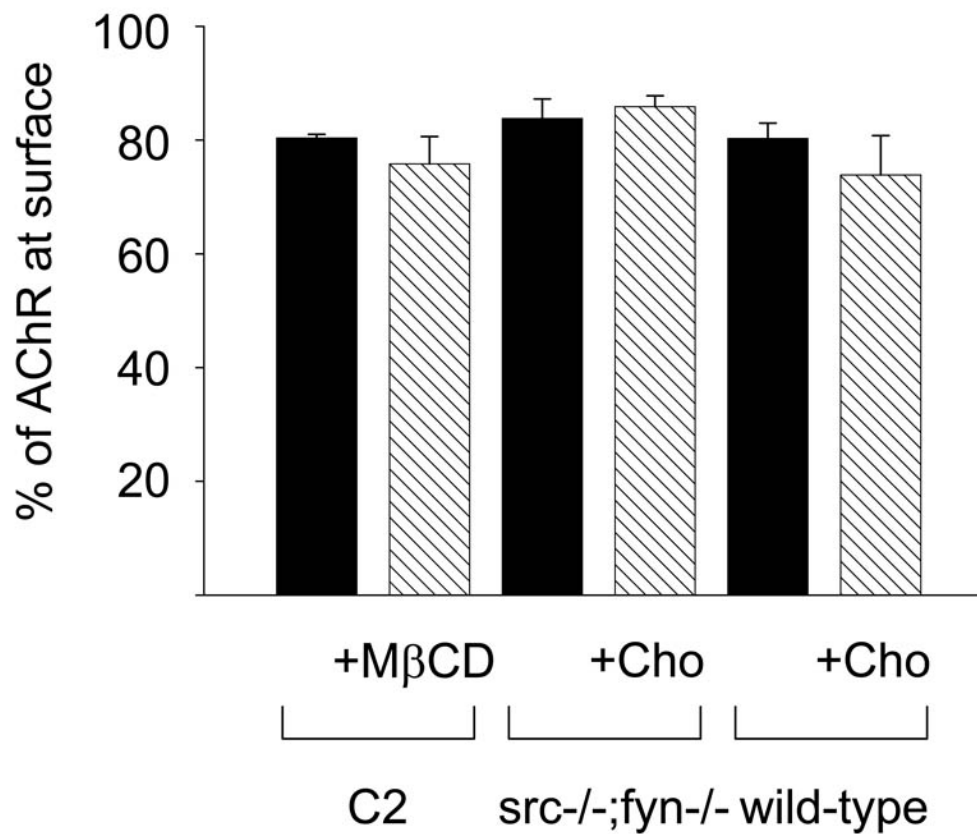
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Supplementary Fig. 1



Supplementary Fig. 2



Supplementary Data

Legend to Supplementary Figure 1:

Turnover of AChRs is not affected by the absence of SFKs or by cholesterol treatment. The degradation rate of surface AChRs was analyzed in wild-type and *src*^{-/-}; *fyn*^{-/-} myotubes using ¹²⁵I- α -BT according to an established protocol (Wang et al., 1999). Cells were treated with ¹²⁵I- α -BT for 90 min to label AChRs at the surface, washed, and incubated at 37°C. The radioactivity released into the medium (originating from AChR degradation) was measured at the times indicated, and the data were used to calculate the turnover rates. Cholesterol was added overnight before start of the experiment, and was present throughout the experiment. *src*^{-/-}; *fyn*^{-/-} myotubes did not tolerate prolonged cholesterol treatment (i.e. beyond the 20 h time point). Data reflect mean \pm SEM from n=5 experiments. The data show, in agreement with Wang et al. (1999), that the half-life time of AChRs in wild-type myotubes is about 35 h. This turnover is not affected in *src*^{-/-}; *fyn*^{-/-} myotubes. Furthermore, cholesterol treatment has no effect on the turnover of AChRs in the mutant cells.

Legend to Supplementary Figure 2:

The overall cellular distribution of AChRs is not affected by the absence of SFKs, or treatments with cholesterol or M β CD that influence cluster stability. C2C12 (C2), *src*^{-/-}; *fyn*^{-/-} and wild-type myotubes were incubated with 50 μ M cholesterol overnight or with 5 mM M β CD for 1.5 h as indicated. AChRs at the surface and in intracellular compartments were quantitated using ¹²⁵I- α -BT. For surface AChRs, para-formaldehyde-fixed cells were incubated with ¹²⁵I- α -BT; for labeling of intracellular AChRs, cells were first incubated with excess cold toxin to saturate surface binding sites, then washed, fixed with para-formaldehyde, permeabilized with Triton X-100 and incubated with ¹²⁵I- α -BT. Surface AChRs were expressed as % of all (= surface + intracellular) receptors (mean \pm SEM from n=3 experiments). The data show, in

agreement with Moransard et al. (2003), that about 80% of all AChRs are at the surface in C2C12 and wild-type myotubes. This is not affected by the treatments with M β CD or cholesterol, or by the absence of SFKs in *src*^{-/-};*fyn*^{-/-} myotubes.

Methods:

AChR turnover. Metabolic turnover of AChRs was assayed as described earlier by Wang et al., 1999. Cells were incubated with 5 nM ¹²⁵I- α -BT (150 Ci/mmol, Amersham Biosciences, Freiburg, Germany) for 90 min to label AChRs at the surface, and unbound toxin was removed by washing twice with PBS. Growth medium was added and myotubes were returned to the incubator. At the indicated time points thereafter, duplicate aliquots of medium were taken and replaced with fresh medium. After removal of the last aliquots (29 h), cells were solubilized using 1% NP-40 in PBS. Radioactivity in both the aliquots and cells was measured using a gamma counter (1282 CompuGamma, LKB Wallac). The total radioactivity on the cell surface after labeling at the beginning of the experiment was calculated by addition of that found in the medium and solubilized cells and set to 100%. Cell-associated radioactivity was calculated accordingly for each time point and plotted, revealing appropriate degradation kinetics. Nonspecific binding of ¹²⁵I- α -BT, determined by pre-incubation with excess (10 μ M) cold toxin, was low and subtracted. In experiments with cholesterol, cholesterol (50 μ M) was added overnight before start of the experiment, and was present throughout the experiment.

Distribution of AChRs between surface and intracellular compartments. To label AChRs at the myotube surface, cells were fixed with 4% para-formaldehyde and incubated with 2.5 nM ¹²⁵I- α -BT for 30 min. For labeling of intracellular AChRs, cells were first incubated with 10 μ M cold α -BT to saturate surface binding sites, then washed with PBS, fixed with 4% para-formaldehyde, permeabilized with 0.1% Triton X-100, and incubated with 2.5 nM ¹²⁵I- α -BT for 30 min. After radioactive labeling, all cells were washed with PBS to remove unbound toxin, scraped into eppendorf tubes and counted in a gamma counter (1282 CompuGamma, LKB Wallac). Non-specific binding of ¹²⁵I- α -

BT, determined by pre-incubation of cells with 10 μ M cold toxin, was low in all cases (less than 4%) and subtracted. Surface AChRs were calculated as percentage of total AChRs (= surface + intracellular). We obtained the same results when surface AChRs were assayed on unfixed cells.

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